

Appendix G: Service Definitions and Common Acronyms

SERVICES

ADULT DAY CARE: Planned care for dependent adults in a supervised, protective, congregate setting during some portion of a day.

AGING AND DISABILITY RESOURCE CENTER (ADRC): Provides person-centered counseling to assist consumers in assessing the full range of long-term service and support options for older adults, people with disabilities, caregivers and those planning for future long-term support needs. This service includes assessment, service planning, information, assistance and access into long-term support systems. It includes indirect and direct representation of clients to obtain needed services and benefits.

ALZHEIMER'S DIAGNOSTIC SERVICES: Comprehensive medical, social, and general safety evaluation for patients, age 60 or older, with suspected dementia.

ASSISTIVE TECHNOLOGY FOR INDEPENDENT LIVING: This technology is made available, based on an Independent Living Plan. Training and guidance are provided to individuals with disabilities to assist with breaking down barriers in order to have every opportunity to be as self-sufficient as possible, to live and work as they choose. To assist with living independently, home and vehicle modifications, adaptive medical and assistive devices and equipment are provided free of charge to qualified individuals with disabilities, who meet the eligibility criteria of the program.

CAREGIVER SUPPORTIVE SERVICES: Provides education and supportive services for caregivers and professionals caring for elders in their own homes. The intent is to prevent excessive disability in the elderly client and reduce stress-related problems in the caregiver. This service directly targets problems that cause families to seek costly residential placement. The service promotes the continued care of elderly Nevadans in their homes, while maximizing the quality of life for both the elderly client and the caregiver.

CASE MANAGEMENT: This service is a person-centered process, whereby the case manager, client and representative discuss the client's vision and priorities for quality of life, and agree upon outcome goals for a service plan they develop together. The service plan addresses relevant barriers to achieving the outcome goals, such as deficits in Activities of Daily Living and Instrumental Activities of Daily Living. The case manager then locates services, coordinates them and monitors progress toward identified outcomes with the client.

DEAF AND HARD OF HEARING ADVOCACY: Advocacy services are provided to train deaf and hard of hearing individuals about their rights and responsibilities under various civic rights laws, such as, the Americans with Disabilities Act. The program focuses on individual advocacy and empowering individuals to independently access a variety of programs and services, such as education, public assistance, employment, and healthcare.

DISABILITY RX ASSISTANCE PROGRAM (SPAP): Provides financial assistance with the Medicare Part-D's Prescription Drug Plan monthly premiums, if not qualified for maximum extra help from Medicare with that expense. This service also helps with prescription costs if members reach the Part-D coverage gap (donut hole). Eligibility is based on members being age 18 through age 60 with a qualifying disability, a Nevada Resident for at least 12 months and annual income no more than \$27, 923 for singles and \$37,222 for couples. Income guidelines change on a yearly basis. To get the most current guidelines, please call (866) 303-6223 option 7 or visit our website at <http://adsd.nv.gov/Programs/Physical/DisabilityRx/DisabilityRx/>

EMERGENCY SERVICES: Provides emergency assistance, including but not limited to, help with a rental or mortgage payment, utility hook-up and bill payments, food, medical care, prescription medication, transportation and/or other services deemed essential to the health and well being of a senior citizen.

EVIDENCE-BASED SERVICES (Title III-D): Interventions that educate participants about their health conditions, how to manage them, and/or ways to adopt healthy behaviors to enhance their overall quality of life. These evidence-based programs provide education and tools, which empower older adults to manage their health, thereby reducing health care utilization and costs associated with their health condition.

FAMILY CAREGIVER SUPPORT SERVICES (Title III-E): A cluster of services (Counseling/Support Groups/Caregiver Training; Respite Care; Supplemental Services; Access Assistance; and Information Services) funded under Title III-E of the Older Americans Act, intended specifically for informal caregivers of any age who care for adults age 60 and older, and/or grandparents or other relatives, age 55 or older, caring for a child, age 18 or younger.

FINANCIAL LOANS: Financial loans are available for qualified individuals with disabilities to assist with the purchase of assistive devices, such as medical equipment, home modifications or vehicle modifications. Loans offered are flexible, with low interest rates for applicants who meet the credit and ability to repay loan criteria. The applicant must demonstrate that the loan will be utilized to purchase approved devices.

FOOD PANTRY: Provides non-perishable food items to older individuals on a monthly basis.

GERIATRIC HEALTH AND WELLNESS - ASSESSMENT AND CARE

MANAGEMENT: This service conducts evaluations of eligible clients' medical and social issues and concerns, focusing on the improvement of physical and/or social functioning and reducing disability. Services include the development of a person-centered medical action plan and advocating that the plan is carried out. *Patients with suspected dementia may also access a comprehensive social evaluation.*

GERIATRIC HEALTH AND WELLNESS – EDUCATION: Provides health care professionals, students, clients and/or caregivers with education and training in geriatric health issues, techniques and/or trends to promote maintaining good health practices for people age 60 and over, with emphasis on minority individuals and those living in rural areas.

GERIATRIC HEALTH AND WELLNESS - MEDICATION MANAGEMENT: This service provides education, evaluation and consultation to eligible clients regarding their prescription and over-the-counter medications and supplements to reduce instances of mismanagement, drug interactions, and other events that may cause adverse health conditions and unnecessary hospitalizations.

HOME SAFETY, MODIFICATIONS AND REPAIR SERVICES: Provides person-centered home safety evaluations and training, home modifications/installations of assistive technology, home maintenance and/or repair services to persons, age 60 and older, who are at risk for injury and/or decreased ability to remain in their residences.

HOMEMAKER SERVICE: Person-centered homemaker and chore assistance service is provided to individuals, age 60 and older, who are unable to perform some or all of their desired homemaker services, due to identified functional deficiencies, and because they are in need of a support system to provide essential homemaker services.

LEGAL ASSISTANCE: Assistance, consultation and representation in legal matters to maintain rights and improve the quality of life of older persons.

LEGAL - WARD REPRESENTATION: Assistance, consultation and representation in legal matters to maintain rights and improve the quality of life of older persons who are being considered by the court for guardianship or under guardianship.

MEDICAL NUTRITION THERAPY: This service screens older individuals to determine if they are nutritionally “at risk.” If an individual is identified as “at risk,” a nutrition assessment is conducted by a registered dietitian to ascertain if counseling/education, additional meals, nutrition supplements and/or case management may be required.

NUTRITION SERVICE: This service provides balanced meals to eligible individuals in a congregate setting or by delivery to homebound participants. Nutrition education is also provided on a regular basis.

PERSONAL EMERGENCY RESPONSE SYSTEMS (PERS): Enables individuals to summon assistance in an emergency by pressing the alert button on a personal transmitter (worn on the wrist or around the neck). The transmitter alerts a monitoring station that assistance is needed. This service is provided in an effort to maintain the independence of persons 60 years of age and older who are homebound and live alone. Another type of service within PERs is a computer-assisted or volunteer telephone reassurance program. The program contacts clients via their personal telephone, on a set schedule, to ensure that they are safe, to remind them to complete certain tasks, take medication, prepare for appointments, or meet needs as defined by the provider in a care plan prepared with the client and/or his/her representative.

POSITIVE BEHAVIOR SUPPORT: Positive Behavioral Interventions and Support provides environmental and functional assessments to individuals age 60 or older, and their family members or care giver, when the care recipient has neurocognitive disorders, such as dementia and Alzheimer’s disease. Assessments are designed to understand the whole person, in order to implement specific instructional activities to live as independently as possible for enhanced quality of life during the aging process. Services consist of instructional procedures, designed with a thorough understanding of a person’s life circumstances, preferences and goals. Services utilize the Applied Behavior Analysis approach.

REPRESENTATIVE PAYEE SERVICE: Provides money management and supportive case management for eligible individuals, age 60 and over, who are unable to receive and manage their own funds and have no other suitable person to act on their behalf. Services include: determining the client's spending priorities within his or her available income; conducting a comprehensive client assessment, followed by periodic status monitoring; developing an agreed upon monthly budget with the client; managing monthly expenditures; and case coordination with case managers from other agencies.

REGISTRY OF SIGN LANGUAGE INTERPRETERS AND COMPUTER-ASSISTED REALTIME TRANSCRIPTION (CART) PROVIDERS: Fulfills ADSD's obligation under NRS Chapter 656A to provide occupational regulation of interpreters and CART providers by establishing minimum skill requirement, skill criteria, ongoing professional development requirements, resolution of complaints, and by facilitating collection and tracking of this information as appropriate.

RESPIRE AND SUPPORTIVE SERVICES: Recruits interested persons, age 18 or older, to provide in-home, non-medical respite services for caregivers of any age, caring for persons age 60 or older. Independent Living Grant-funded programs may assist the caregiver of an individual living with Alzheimer's disease or other related dementia, regardless of the age of the individual.

RESPIRE VOUCHER SERVICES: This service helps subsidize the cost of Respite Care, though Respite Vouchers valued up to \$1,000 annually, which may be issued to a designated caregiver to provide supervision of an eligible individual.

SENIOR COMPANION SERVICES: Provides supportive companionship services in an effort to maintain the independence of persons 60 years of age and older, who are living alone, homebound, isolated and in need of companionship.

SENIOR RX ASSISTANCE PROGRAM (SPAP): Provides older adults with financial assistance for Medicare Part-D Prescription Drug Plan monthly premiums, if they are not qualified for maximum extra help from Medicare. This service also assists with prescription drug costs if they reach the Part-D coverage gap (donut hole). Eligibility is based on members being age 62 or older at date of application, a Nevada Resident for at least 12 months with an annual income at or below \$27,923 for singles and \$37,222 for couples. Income guidelines change on a yearly basis. To get the most current guidelines please call (866) 303-6223 option 7 or visit our website at <http://adsd.nv.gov/Programs/Seniors/SeniorRx/SrRxProg/>

SIGN LANGUAGE INTERPRETING POOL: Provides a last-resort option for interpreting services for State agencies that are unable to secure interpreter services via regular contract on a case-by-case basis. When pool interpreters are not needed for this purpose, they provide professional development and mentoring opportunities to individuals needing hours to fulfill their State registration requirements (see above: REGISTRY OF SIGN LANGUAGE INTERPRETERS AND COMPUTER ASSISTED REALTIME TRANSCRIPTION (CART) PROVIDERS).

TELECOMMUNICATIONS RELAY SERVICES: Relay services enable persons with speech or hearing disabilities to access the telephone system and talk with standard telephone users, via a relay operator. Relay Nevada can be used by anyone, needing to communicate with someone who has a speech or hearing disability, by dialing 711 from anywhere in Nevada. Services are provided pursuant to Title IV of the Americans with Disabilities Act (ADA) - Telecommunications services for hearing-impaired and speech-impaired individuals, codified at 47 U.S.C. § 225. Services are procured via contract with a telecommunications relay service provider, currently, Hamilton Telephone Company.

TELECOMMUNICATION EQUIPMENT DISTRIBUTION PROGRAM: The program offers free specialized telecommunications equipment to eligible users with disabilities as well as training in the use of relay services and related equipment.

TRANSPORTATION SERVICE: Provides safe transportation for access to services such as nutrition, medical services, social services, adult day care, shopping and socialization.

TRANSPORTATION VOUCHER SERVICE: This service helps subsidize the cost of transportation through transportation vouchers issued to an eligible individual.

TRAUMATIC BRAIN INJURY REHABILITATION: Comprehensive, post-acute rehabilitation and family support is available for those who have a brain injury. Applicants typically need a payer source, such as Medicaid or health insurance, to fund rehabilitation services. However, in some cases, free assistance may be available on a one-time, limited basis.

VOLUNTEER CARE AND ASSISTANCE: This program provides volunteer supportive and assistive services for older individuals in their own homes to help maintain their independence. Individuals needing services are typically alone, frail, chronically ill, homebound, and/or dependent on a primary caregiver. This service also provides health benefit counseling and assistance.

COMMON ACRONYMS

ACRONYM	STANDS FOR
AAA	Area Aging on Aging
ACA	Affordable Care Act
ACL	Administration on Community Living
ADA	Americans with Disabilities Act
ADLs	Activities of Daily Living
ADRC	Aging and Disability Resource Center
ADSD	Aging and Disability Services Division
ADSD IT	Aging and Disability Services Division - Information Technology
AFE	Advocate for Elders
AG	Attorney General
BHCQC	Bureau of Health Care Quality and Compliance

BIPP	Balancing Incentive Payments Program
BRI	Benjamin Rose Institute on Aging
CarePRO	Care Partners Reaching Out
CART	Computer-Assisted Realtime Transcription
CBC	Community Based Care Unit
CDSME	Chronic Disease Self-Management Education
CDSMP	Chronic Disease Self-Management Program
CMS	Center for Medicare and Medicaid Services
COA	Commission on Aging
COOP	Continuity of Operations Plan
COPE	Community Services Options Programs for the Elderly
DAS	Division for Aging Services
DDS	Developmental Disabilities Services
DEM	Division of Emergency Management
DHCFP	Division of Health Care Financing and Policy (Nevada Medicaid)
DHHS	Department of Health and Human Services
DPBH	Division for Public and Behavioral Health
DSMP	Diabetes Self Management Program
EAP	Energy Assistance Programs
EOP	Emergency Operations Plan
EPIC	Early State Partners in Care
EPS	Elder Protective Services
ER	Elder Rights Unit
ESF	Emergency Support Function
FE	Frail Elderly
FISH	Friends in Service Helping
GPS	Global Positioning System
HCBS	Home and Community Based Services
HCBW-FE	Home and Community Based Waiver Services - Frail Elderly
HCBW-PD	Home and Community Based Waiver Services - Physically Disabled
HDM	Home Delivered Meals
HIRC	Homes for Individual Residential Care
IADL	Instrumental Activities of Daily Living
ILG	Independent Living Grants
LIS	Low Income Subsidy
LTC	Long Term Care
LTCOP	Long-Term Care Ombudsman Program
LTSS	Long-Term Services and Supports
MFP	Money Follows the Person
MIPPA	Medicare Improvements for Patients and Providers Act
MSP	Medicare Savings Programs
NEIS	Nevada Early Intervention Services
NETSTATE	<Not Defined>

NGEC	Nevada Geriatric Education Center
NRS	Nevada Revised Statute
NWD	No Wrong Door
OAA	Older Americans Act
PA	Physician Assistant
PAS	Personal Assistance Services
PCP	Person Centered Planning
PD	Physically Disabled
PERS	Personal Emergency Response System
PINs	Provider Instructions - Nevada
QTAC	Quality and Technical Assistance Center
RD	Resource Development Unit
RDS	Resource Development Specialists
RFP	Request for Proposal
RNs	Registered Nurses
RSVP	Retired and Senior Volunteer Service Program
SEOC	State Emergency Operations Center
SHIP	State Health Insurance Assistance Program
SIRT	Senior Issues Review Team
SLTCO	State Long-Term Care Ombudsman
SMP	Senior Medicare Patrol
SNAP	Supplemental Nutrition Assistance Programs
SNHD	Southern Nevada Health District
SPAP	State Pharmaceutical Assistance Program/ Senior Rx and Disability Rx
SSI	Supplemental Security Income
TAP	Taxi Assistance Program
TFAD	Task Force on Alzheimer's Disease
TSF	Tobacco Settlement Funds
UNLV	University of Nevada, Las Vegas
UNR	University of Nevada, Reno
USDA	United States Department of Agriculture
VA	Veterans Administration
VD-HCBS	Veteran-Directed Home and Community Based Services
VLTCOP	Volunteer Long Term Care Ombudsman Program